

### Promoting Healthy Communities Through Integrated Care



David Satcher, MD, PhD is the Founding Director and Senior Advisor of the Satcher Health Leadership Institute

Leadership Institute the ability to adapt to change and to cope with challenges." But as mental illness affects over 40 million adults in the United States and is becoming a leading cause of disability, we see many individuals and communities struggling to achieve optimal wellness.

One of the areas of

in the Satcher Health

unwavering commitment

Leadership Institute since

its establishment nearly 10

years ago has been that of

addressing and improving

mental and behavioral

health. Mental Health:

General defines mental

health as "a state of

A Report of the Surgeon

successful performance of

mental function, resulting

in productive activities,

fulfilling relationships

with other people, and

Integrating behavioral health into primary care has been shown to enhance access to mental health services, reduce stigma associated with mental health care, reduce the cost of care, and raise the overall quality of comprehensive health care. I commend the leadership in our Division of Behavioral Health for creating the Integrated Care Leadership Program that will train healthcare leaders on the best practices and essential elements for successful incorporation of behavioral health into their primary care practices. Indeed, there is no health without mental health.



Kisha B. Holden, PhD, MSCR is the Interim Director of the Satcher Health Leadership Institute

research, health promotion, and practice.

Individuals and families in vulnerable and underserved communities continue to be plagued by a myriad of social determinants impacting their health. Addressing these complex issues requires transformative leadership and innovative strategies. The Satcher Health Leadership Institute works earnestly to strengthen communities. The SHLI Integrated Care Leadership Program seeks to equip primary care providers with some of the tools necessary to advance systems change toward the integration of behavioral health into their clinical practices.

without mental health."

Models of integrated

care with collaborative

ethical leadership in

partnerships demonstrate

With support from Kaiser Permanente National Community Benefit and key partners, the SHLI Division of Behavioral Health has developed a unique and exciting training program that will meaningfully contribute to the creation and advancement of health equity. Our goal from this initiative is to produce major outcomes in integrated care leadership that will help shape the landscape of defining health and wellbeing for diverse communities. "I commend the leadership in our Division of Behavioral Health for creating the Integrated Care Leadership Program."

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David Satcher, MD, PhD Founding Director & Senior Advisor Satcher Health Leadership Institute 16th Surgeon General of the United States

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# Training Leaders for Systems Transformation

#### By Glenda Wrenn, MD, MSHP



the Director of the Division of

Health Leadership Institute

Behavioral Health in the Satcher

expanding with increased demand for high quality, person-centered, and costeffective health care. The Division of Behavioral Health at the Satcher Health Leadership Institute is leading the way in creating and enabling innovations to advance integrated practice. Building

Integrated Care is rapidly

on a legacy that established strong public-private-academic partnerships, our current phase of implementing learning communities is an exciting next step in our journey to advance mental health equity.

The Integrated Care Leadership Program represents the best practices from our legacy Community of Practice members, along with cutting edge insights from implementation science to develop a readiness framework to support integrated practice change. The program also features enhanced instructional design for online learning. We are now

accepting applications for primary care sites to join the 2016 Integrated Care Leadership Program. For more information and to apply online visit http://integratedcare. satcherinstitute.org.

Transforming a vision into reality requires a commitment to a common goal. In this season of reflection and gratitude, I would like to thank all our partners as well as Kaiser Permanente



MSM President and Dean Valerie Montgomery Rice, MD pictured with Sayon Cooper, MPH, Dr. Wrenn, and Gigi Bastien, PhD at Community Preceptor Celebration.

2 National Community Benefit for their sponsorship of the Integrated Care Leadership Program.

### Integrated Care in the Community

#### Engaging Providers in Systems Change

The ICLP team presented an overview of integrated care at the first Annual Community Preceptor Appreciation and Awards Celebration at Morehouse School

of Medicine on August 22, 2015. MSM President and Dean Valerie Montgomery Rice, MD, created the event to acknowledge over 300 volunteer preceptors across Georgia who are committed to mentoring MSM learners. Dr. Wrenn presented an overview of the ICLP in a break out session and the training team hosted an informational table at the event to promote engagement.

In September we engaged Grady Health System primary care providers in an educational session entitled "There's No



Glenda Wrenn, MD, MSHP presents to community preceptors

Sayon Cooper, MPH facilitates <u>behavioral heal</u>th assessment activity



Nassery, MD pictured with Dr. Wrenn at the Grady Primary Care session.

Health without Mental Health: Behavioral Health Assessment in Primary Care." Participants learned how to identify strategies and resources to help streamline integrated care in their practices. Survey data collected from the team found that providers were interested in integrated care and there is a marked need for more training

on effectively integrating behavioral health into their practices.

#### Poised to Advance Health Systems

Irshad Syed, MD, Medical Director of the Asa G. Yancey, Sr., MD Health Center in Atlanta has been a leading champion for change. As a legacy Community of Practice partner since 2011, the Asa G. Yancey Clinic was the initial demonstration site that developed and piloted several components now featured



in the Integrated Care Leadership Program. The providers and staff at the clinic are exemplars of early adoption for innovations while maintaining high patient satisfaction.

#### Addressing Behavioral Health Workforce Issues



Dr. David Satcher, Mrs. Rosalyn Carter, and Dr. Glenda Wrenn at the Symposium

Drs. Satcher and Wrenn were featured speakers at the 31st Annual Rosalyn Carter Symposium on Mental Health Policy on November 12-13, 2015. This year's theme was "Help Wanted: Reshaping the Behavioral Health Workforce." Integrated care and eliminating policy barriers to task shifting to maximize the of this event.

# Integration of Behavioral Health and Primary Care

The Satcher Health Leadership Institute (SHLI) Division of Behavioral Health, through a partnership with Kaiser Permanente implemented an Integrated Care Practice Change and Quality Improvement Initiative in 2011. Five community health centers were selected for participation and developed innovative approaches to integrate primary care and behavioral health. Several of these quality improvement initiatives are currently in sustainability phase.

The Integrated Care Leadership Program curriculum was initially developed with funding from the Georgia Department of Behavioral Health and Developmental Disabilities as an e-Learning curriculum. This curriculum has been enriched and revised for team-based implementation with self-paced and online interactive training components.

The Integrated Care Leadership Program (ICLP) provides clinical and administrative health care professionals with the knowledge and training needed to successfully develop integrated care practices with additional supports to enhance readiness to change.

#### Meet the Team

Achieving transformative and responsive systems change in the service of improved health equity requires effective, committed, and collaborative teams. The ICLP leverages the collective expertise of a dynamic and multidisciplinary team of professionals.

#### SHLI Division of Behavioral Health Integrated Care Leadership Program Faculty and Staff



**Glenda Wrenn, MD, MSHP** is Assistant Professor of Psychiatry and Behavioral Science at the Morehouse School of Medicine. Dr. Wrenn directs and provides overall leadership for the Integrated Care Leadership Program. She brings clinical as well as systems change and quality improvement expertise to the group.

Jinjie Zheng, PhD is an Instructor in the Department of Medical Education at Morehouse School of Medicine and an expert in Instructional Design. She leads translation of the program content to online curricular formats. She also leads the design team in technology-enhanced curriculum innovations to facilitate integrated practice.





**Sarah Vinson, MD** is an Assistant Professor in the Department of Psychiatry at the Morehouse School of Medicine. Dr. Vinson is the Clinical Lead and provides subject matter expertise for child and adolescent components of the program in addition to her clinical expertise as a provider in integrated practice.

**Gilberte "Gigi" Bastien, PhD** is an Associate Project Director for the ICLP. Dr. Bastien assists the director with developing, planning, and implementing ICLP activities. She also assists with curriculum refinement and oversees program evaluation.





**Sharon Rachel, MA, MPH, CSE** is an Associate Project Director for the ICLP. Ms. Rachel assists the team with logistical planning for the Satcher Health Leadership Institute website, Integrated Care Leadership Program newsletter, and planning and organizing special events.

**Sayon Cooper, MPH** is the ICLP Program Manager. Mr. Cooper leads day-to-day operations of the program and is the lead for the engagement of program participants. He is also the point of contact for technical assistance and program logistics.





**Courtney McMickens, MD, MPH** is a Child and Adolescent Psychiatrist and Postdoctoral Fellow in the Robert Wood Johnson Clinical Scholars Program at the Yale School of Medicine. Dr. McMickens assists the team with program evaluation and development of pediatric content for the ICLP.

**Carizma Amila Chapman, DMFT, PhD(c), LMFT** is an SHLI Health Policy Leadership Fellow. Dr. Chapman supports program evaluation and will be leading engagement with the Southeast Permanente Group during her practicum placement in the spring.





**Sharee Meredith, BA** is an SHLI-DBH Intern. Ms. Meredith brings expertise in interprofessional education and assists program staff with planning and implementation as well as dissemination of program findings.

**Tameka Lawrence, MSCR** is an SHLI-DBH Intern. Ms. Lawrence assists program staff with data collection and analysis.



#### Readiness for Integrated Care Assessment Team



**Abraham Wandersman, PhD** is a Professor of Psychology at the University of South Carolina. Dr. Wandersman is an expert in community psychology and implementation science and provides overall oversight for adaptation of a readiness framework to integrated care transformation.

Victoria Scott, PhD, MBA is a community psychologist at the University of North Carolina Charlotte. Dr. Scott is leading the development of the readiness instrument and evaluation of its validity as a tool to facilitate integration of behavioral health and primary care.





**Tara Kenworthy** is a Doctoral Student in Clinical Community Psychology at the University of South Carolina. Ms. Kenworthy serves as a research assistant.

**Erin Godly-Reynolds, MA** is a Doctoral Student in the Health Psychology Program at the University of North Carolina Charlotte. Ms. Godly-Reynolds serves as a research assistant.

